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Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the applications:

Listing of Claims:

- 1. (Original) A method for providing environmental monitoring and control, the method comprising:
 - providing a plurality of wireless nodes, the plurality of wireless nodes includes a plurality of sensor nodes and a plurality of actuator nodes, each wireless node including a wireless transceiver, a processor and one of a sensor device or an actuator device;
 - sending a message from a first wireless node to a second wireless node through wireless communication;
 - sending an acknowledgement message from the second wireless node to the first wireless node, the acknowledgement message including a time slot for the next scheduled transmission between the first and the second wireless nodes;
 - turning off the wireless transceivers of the first and second wireless nodes; and
 - turning on the wireless transceivers of the first and second wireless nodes synchronously at the time slot for the next scheduled transmission.
- 2. (Original) The method of claim 1, further comprising:
 sending a timing synchronization message from the first wireless node to the
 plurality of wireless nodes to synchronize the time base of each wireless
 node.
- 3. (Original) A method for providing environmental monitoring and control, the method comprising:

- providing a plurality of wireless nodes, the plurality of wireless nodes includes a plurality of sensor nodes and a plurality of actuator nodes, each wireless node including a wireless transceiver, a processor and one of a sensor device or an actuator device;
- sending a message from a first wireless node to a second wireless node through wireless communication, the message including a time slot for the next scheduled transmission between the first and the second wireless nodes;
- sending an acknowledgement message from the second wireless node to the first wireless node acknowledging the time slot;
- turning off the wireless transceivers of the first and second wireless nodes; and
- turning on the wireless transceivers of the first and second wireless nodes synchronously at the time slot for the next scheduled transmission.
- 4. (Original) The method of claim 3, further comprising:
 - sending a timing synchronization message from the first wireless node to the plurality of wireless nodes to synchronize the time base of each wireless node.
- 5. (Original) A method for providing environmental monitoring and control, the method comprising:
 - providing a plurality of wireless nodes, the plurality of wireless nodes includes a plurality of sensor nodes and a plurality of actuator nodes, each wireless node including a wireless transceiver, a processor and one of a sensor device or an actuator device;
 - sending a message from a first wireless node to a second wireless node
 through wireless communication, the message including a plurality of
 available time slots for the next scheduled transmission between the first
 and the second wireless nodes;

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- processing at the second wireless node the message including the plurality of available time slots to select a time slot among the plurality of available time slots for the next scheduled transmission between the first and the second wireless nodes;
- sending an acknowledgement message from the second wireless node to the first wireless node, the acknowledgement message including the selected time slot;
- turning off the wireless transceivers of the first and second wireless nodes; and
- turning on the wireless transceivers of the first and second wireless nodes synchronously at the selected time slot for the next scheduled transmission.
- 6. (Original) The method of claim 5, further comprising:
 - sending a timing synchronization message from the first wireless node to the plurality of wireless nodes to synchronize the time base of each wireless node.